

# Age-Friendly Seattle

## What is Age-Friendly Seattle?

- World Health Organization (WHO) framework that addresses environmental, economic, and social factors that influence the health and well-being of older adults.
- This framework is supported by the AARP Network of Age-Friendly Communities—which provides guidelines for implementation.
- Seattle became an “Age-Friendly Community” on July 27, 2016.

## Aging = Living



## What are the goals of Age-Friendly Seattle?



Increase social participation



Decrease displacement



Increase racial equity



Increase public awareness

## Why Age-Friendly?

- AARP supports U.S. communities that join the global network, and commit to making their communities more livable for people of all ages.
- The City of Seattle is committed to making our communities a great place to grow up and grow old.



City of Seattle  
Edward B. Murray, Mayor

Human Services  
Department  
Catherine Lester, Director

## Vision

As many of Seattle's citizens age, they need support to:

- **Age well**
- **Age healthy**
- **Age in place**

They shouldn't have to go to multiple places to get that help.

## Population growth

A wave of growth is expected for King County's population aged 60+



## Soaring house costs



**63%** of King County renters age 65+ spend more than 30% of their income on housing

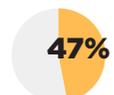
### By race:



Black



Hispanic



White

# 2017 Age-Friendly Actions

## Seattle Department of Transportation

will partner with senior volunteers to assess sidewalks throughout the city to improve the pedestrian environment.

## Human Services Department

will work to increase the number of older adults that use the Regional Reduced Fare Permit with King County Metro.  
will facilitate creation of the Age-Friendly Seattle Action Plan for 2017-2021.

## Human Services Department, Department of Parks and Recreation, and Office of Sustainability and Environment

will engage with older adults to increase participation in senior-focused recreation and healthy food programs.

## Human Services Department and Office of Housing

will identify low-income seniors to increase participation in the Utility Discount and Senior Property tax exemption programs. These departments will also work to increase access to weatherization services, home repair, and foreclosure prevention programs.

## Seattle IT

will use technology to ensure better access to human services and City resources for older adults.

## IMPLEMENTATION TIMELINE

2015 — 2016 — 2017 — 2021

### Phase 1: Prepare and Launch

Convene stakeholders (August)

Secure political commitment (May)

Prepare & submit application (July)

Public launch of initiative (August)

### Phase 2: Develop Action Plan

Assess community's age-friendliness (Aug.-June)

Develop action plan & identify indicators to measure progress (Jan.-Sept.)

### Phase 3: Implement & Evaluate

Implement strategies (mid-year)

Report progress (July 2021)