

# WISDOM CAFÉS

In partnership with:



*"Storytelling" by Steve McFarland is licensed under CC BY-NC 2.0 (creativecommons.org/licenses/by-nc/2.0).*

Come share your wisdom! These cafés provide an opportunity to converse and connect with others in discussions of universal topics such as gratitude, legacy, happiness and what gives life meaning. Come for one session or more in a facilitated small group conversation. Connect with others, build community and enjoy our shared wisdom!  
*Registration requested.*

## **Auburn Library, 1pm**

*Friday, September 9: The Surprises of Aging*  
Who Knew It Would Be Like This?

*Thursday, October 6: If Only*, Moving from Regret to Compassion

*Thursday, November 3: Staying Connected*, Strategy for a Full Life

## **Burien Library, 10:30am**

*Friday, October 7: Aging Creatively*, Living Life with Intention and Discovery

*Friday, October 21: The Artist Within*

*Friday, October 28: Overcoming Limitations*, Changing How We See Them

## **Covington Library, 2pm**

*Wednesday, October 5: Aging Creatively*  
Living Life with Intention and Discovery

*Saturday, October 22: True to Ourselves or Set in Our Ways?*

*Monday, November 7: Overcoming Limitations*  
Changing How We See Them

## **Des Moines Library, 2pm**

*Monday, September 12: The Liberating Effect of Clearing Space*  
It's Not (All) About the 'Stuff'

*Monday, September 19: The Surprises of Aging*  
Who Knew It Would Be Like This?

*Monday, September 26: Talking About What Scares Us*

## **Federal Way Senior Center, 12:10pm**

**4016 S 352nd Street, Auburn, WA 98001**

*Wednesday, September 21: Aging Creatively*  
Living Life with Intention and Discovery

*Wednesday, October 19: Make New Friends and Keep the Old*

## **Issaquah Library, 1:30pm**

*Tuesday, September 13: The Surprises of Aging*  
Who Knew It Would Be Like This?

*Tuesday, October 11: Life Purpose*, We're Here for a Reason

*Tuesday, November 8: Staying Connected*, Strategy for a Full Life

## **Lake Forest Park Library, 2pm**

*Monday, December 5: The Liberating Effect of Clearing Space*  
It's Not (All) About the 'Stuff'

*Monday, December 12: Living Our Legacy*  
How Do You Want To Be Remembered?

*Monday, December 19: Aging Creatively*  
Living Life with Intention and Discovery

Reasonable accommodation for individuals with disabilities is available; please contact the library prior to the event if you require accommodation.

Connect with us



kcls.org

# WISDOM CAFÉS

Come share your wisdom! These cafés provide an opportunity to converse and connect with others in discussions of universal topics such as gratitude, legacy, happiness and what gives life meaning. Come for one session or more in a facilitated small group conversation. Connect with others, build community and enjoy our shared wisdom!  
*Registration requested.*

## **Maple Valley Library, 2pm**

*Wednesday, September 21: The Surprises of Aging*  
Who Knew It Would Be Like This?

*Wednesday, October 19: Talking About What Scares Us*

*Wednesday, November 16: Gratitude, More Than Counting Blessings*

## **Mercer Island Library, 1pm**

*Wednesday, September 21: Staying Connected, Strategy for a Full Life*

*Wednesday, October 19: The Liberating Effect of Clearing Space*  
It's Not (All) About the 'Stuff'

*Wednesday, November 16: Gratitude, More Than Counting Blessings*

## **Redmond Library, Mondays, 2pm**

*Monday, September 12: Staying Connected, Strategy for a Full Life*

*Monday, October 24: The Surprises of Aging*  
Who Knew It Would Be Like This?

*Monday, November 21: Dreaming Our Future*

## **Richmond Beach Library, 2pm**

*Tuesday, December 6: Gratitude, More Than Counting Blessings*

*Tuesday, December 13: Staying Connected, Strategy for a Full Life*

*Tuesday, December 20: Aging Creatively*  
Living Life with Intention and Discovery

## **Sammamish Library, 1:30pm**

*Wednesday, September 28: Gratitude, More Than Counting Blessings*

*Wednesday, October 19: Calming Down, What's Stress Got To Do With It?*

*Wednesday, November 9: The Artist Within*

## **Shoreline Library, 2pm**

*Sunday, October 23: The Surprises of Aging, Who Knew It Would Be Like This?*

*Sunday, November 13: The Problem of Independence*  
Moving Toward Interdependence

*Sunday, December 4: Make New Friends and Keep the Old*

## **Snoqualmie Library, 10:30am**

*Thursday, September 15: Life Purpose, We're Here for a Reason*

*Thursday, October 20: The Liberating Effect of Clearing Space*  
It's Not (All) About The 'Stuff'

*Thursday, November 17: Living Our Legacy,*  
How Do You Want To Be Remembered?

## **Woodinville Library, 2pm**

*Monday, September 19: The Surprises of Aging*  
Who Knew It Would Be Like This?

*Monday, October 17: The Liberating Effect of Clearing Space*  
It's Not (All) About the 'Stuff'

*Monday, November 14: The Problem of Independence*  
Moving Toward Interdependence

## **Woodmont Library, 2pm**

*Saturday, October 1: Learning Across Generations*

*Saturday, October 15: Book Discussion, Being Mortal*

*Saturday, October 29: Family Diversity, What is the "New American Family?"*

In partnership with:



Reasonable accommodation for individuals with disabilities is available; please contact the library prior to the event if you require accommodation.



Connect with us

